

## What to Bring

FISH Mission Trip 2020 @ "The Center" In Baltimore

### Bring..

- Bedding: Sleeping bag & Pillow
- Day Backpack
- Dressy outfit for worship and/or meeting with elected officials
- Towels/ Hand towel
- Toiletries including soap/ shampoo
- Shower kit (including bag for keeping/ carrying supplies)
- Reusable Water Bottle
- Sturdy Work Shoes (closed toe) or work boots.
- Clothes for working/ get dirty in.
- Warm jacket, rain jacket, sweater for working outside
- Medications & other health care items (all medications will be kept and distributed by a designated leader).
- Ear plugs (very helpful for group sleeping areas)
- Snacks to share (all snacks will be pooled and shared the whole group throughout the week)
- A Government Issued ID (School ID not appropriate)
- Bag Lunch for traveling to Baltimore (no stopping for food on the trip down)
- Money for Lunch on return trip (Stopping on the way to eat at individual's expense)
- Items for your "Secret Buddy" \*\*

### Do Not Bring...

- Drugs, alcohol, tobacco, fireworks, or weapons of any kind.
- Gaming devices and video players.
- Video & still cameras
- Please be aware that all cell phones and other electronics will left at The Center while the group is out in the city per the program's policy. This is for the safety of the youth and to ensure items are not lost or stolen. Per FISH policy, students will also be strongly discouraged from using phones while at The Center" as well. Leaders will keep their phones at all times for safety and contact. If a youth absolutely needs to have a phone for a particular reason please speak to Pastor Mike beforehand so that arrangements can be made.

**\*\* Secret Buddies:** This is a long standing FISH tradition in which every student is anonymously match with a "Secret buddy" for the trip. The ideas is to have fun secretly giving small gifts, encouraging notes, having others sing them a song or other bits of encouragement and surprise through the week. People often purchase small items to bring for this purpose, but the most important thing is to have fun making someone else feel special through the week.

***FISH Mission Trip seeks to take time away from our normal habits and possessions. Purposefully letting go of our normal expectations and entitlements to make space for God to show us something new. The packing list is simple for that reason. We don't want you to miss out on anything good because you were distracted by the familiar and unnecessary. You should also not feel burdened by going without something you need. Please let pastor mike know if an exception is needed.***