

You are welcome to move about the sanctuary to participate in any or all of the interactive prayer stations. The instructions for each station are below to guide you in your time.

Create Together (Tower Entrance)

The water of Jesus washing the feet of his disciples was probably muddy and grimy by the end of the line, but it still held the beauty of the act and a parallel with the water of baptism where we are reminded of the claim of love God speaks over us. **Take a strip of fabric, dip it in the water, and add it to the waves on the canvas.** Whether the water of your life is still or is crashing around you, may the touch of it be a reminder of Christ's presence in your life, washing away the things that hold you down so you might feel love's holy embrace.

Prayers of the People (Back near Fraser Street Entrance)

While we might not be washing each other's feet tonight, we can hold each other's burdens and wash each other clean using the posture of prayer. **Leave your need for prayer here and take someone else's. Spend a few minutes in prayer and take the prayer request with you to pray for through the weekend.**

Labyrinth (Front near bridge)

As the disciples sat to have Jesus wash their feet they removed their shoes. This act can be vulnerable and intimate. What does it feel like to remove your shoes for a sacred moment with Christ? In what ways might Jesus be washing you clean? **Remove your shoes and reflect as you walk the prayer labyrinth or sit in prayer.**

Visio Divina (Either side of sanctuary)

It is striking to know that Judas was among the disciples as Jesus washed their feet and shared a meal. It can be easy for us to decide who is worthy of Christ's love or an invitation to the table. Maybe you don't feel worthy, yourself. But Jesus ties a towel around his waist and kneels down even before his enemy. **Take a few minutes to reflect on the images of Jesus washing the feet of people of different circumstances and character. Is there one that stands out to you? Reflect on this image and ask yourself what it reveals to you about the character of Jesus and about yourself.**